



Community CONVERSATIONS

Thoughtful, theological, non-partisan conversations about social and economic issues that affect our community.

Tough Grace: Mental Illness as a Spiritual Path

March 18 | Noon-1:00pm | English Lutheran Church, La Crosse



After experiencing a punishing journey that included living on the streets periodically, Alice Holstein developed a revolutionary view of mental illness as a sacred path with deep meaning, opportunities for growth, and gifts. Her personal story, illustrated with some amazing examples of how she survived and thrived, has given hope and inspiration to many. Dr. Holstein suggests that we reframe mental illness as a journey of challenge and hardship worthy of the highest esteem and honor.

Lunch is served for a free will offering.

Community Conversations is brought to you by:



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